

CLHRP EXAMINATION CONTENT ASSESSMENT

ASSESSMENT

Task 1: Compile a patient record by observing and questioning to determine the nature and extent of the problem. (15%)

Knowledge of:

- Components of a patient record
- Ethnic differences and their impact on assessment process
- Skin conditions
- Pharmacological conditions
- Medical conditions affecting hair growth

Skill in:

- Organizing patient information
- Recognizing ethnic variances
- Performing assessment activity in a manner that is consistent with patients' rights and needs
- Using observation techniques to obtain accurate physical data

Task 2: Integrate results, discuss options and recommend treatment techniques necessary to solve problem. (15%)

Knowledge of:

- Laser and light-based theories, application and limitations
- Needle-based theories, applications and limitations
- Temporary hair removal theories, applications and limitations
- Body image
- Theories of stress and coping
- Aging process
- Emerging trends and treatment options
- Contraindications

Skill in:

- Disseminating information about treatment options
- Explaining treatment options based upon personal history
- Selecting relevant assessment data to develop an individual plan of treatment

Task 3: Make referrals to appropriate health professional for treatment determination. (5%)

Knowledge of:

- Appropriate communication with other allied health professionals
- Medical terminology

Skill in:

- Communicating effectively
- Interfacing with professionals

DEVELOPMENT AND IMPLEMENTATION OF A TREATMENT PLAN

Task 1: Inform patient about the modalities to be used to treat the problem. (5%)

Knowledge of:

- Needle and laser modalities
- Functioning of equipment

Skill in:

- Communicating effectively
- Teaching/Educating

DEVELOPMENT AND IMPLEMENT A TREATMENT PLAN (45%)

Task 1: Inform patient about the modalities to be used to treat problem. (5%)

Knowledge of:

- Needle and laser modalities
- Functioning of equipment

Skill in:

- Communicating effectively
- Teaching/educating

Task 2: Prepare patient, physically and psychologically, to facilitate effective and comfortable treatment. (8%)

Knowledge of:

- Typical patient: fears
- Relaxation techniques
- Sanitization and hygiene
- Manufacturer's specifications and instructions
- Wavelength of laser or light-based devices
- Proper types of protective laser eye glasses
- Patient preparation techniques
- Topical preparations

Skill in:

- Applying sanitization and hygiene
- Implementing manufacturers' instructions
- Applying shaving techniques
- Applying topical preparations
- Applying proper technique in the use of protective laser eyeglasses
- Interpreting non-verbal cues
- Communicating effectively

Task 3: Implement conditions for safe and secure environment by adhering to relevant guidelines in order to enhance effective operation of equipment. (6%)

Knowledge of:

- Functioning of equipment
- Laser principles for environment, practitioner and patient
- Sanitization and hygiene

Skill in:

- Communicating effectively
- Implementing disinfection and sterilization
- Carrying out procedures as determined by local or national jurisdiction

Task 4: Operate and maintain equipment in a safe, effective manner. (15%)

Knowledge of:

- Laser and light-based physics
- Laser and light-based tissue interaction
- Concepts of photothermolytic energy and density principles
- Technique specific to type of laser system being used
- Disinfection agents
- Equipment efficiency
- Laser and light-based epilation techniques
- Skin tolerances
- Laser epilation techniques
- Skin tolerances
- Complications

Skill in:

- Applying manufacturer's protocols
- Operating lasers safely and responsibly for hair removal
- Applying disinfection agents properly
- Setting appropriate laser fluence level in accordance with area being treated and laser spot size
- Documenting and interpreting of error reports
- Communicating effectively

Task 5: Apply immediate, appropriate post-treatment preparations to treated area to promote healing and advise patient on home-care. (11%)

Knowledge of:

- Manufacturer's recommendations for post-treatment care
- Post-treatment preparations
- Dangers and risks related to excessive exposure to sun and heat sources
- Documentation
- Anatomy and physiology
- Principles of infection prevention, control, and wound healing
- Psychology

Skill in:

- Applying post-treatment preparations
- Communicating effectively
- Teaching/educating

EVALUATION (15%)

Task 1: Evaluate the physical condition of the patient on follow-up visits to determine the after-effects of treatment and to instruct the patient about appropriate post-treatment care. (25%)

Knowledge of:

- Documentation
- Anatomy and physiology
- Principles of infection prevention and wound healing
- Psychology
- Complications

Skill in:

- Prioritizing and decision making
- Applying theories of coping and stress
- Communicating effectively with patients and other health professionals
- Using observation techniques to obtain accurate physical data
- Conducting analysis based on observable facts
- Monitoring assessment techniques to enhance continuous improvement

ETHICS (5%)

**Task 1: Applying ethics to all phases and aspects of hair removal practice.
(5%)**

Knowledge of:

- SCMHR Code of Ethics